

ETFC Coach Orientation - Notes

Date: October 27, 2016

Time: 7:30 PM

Location: Kinsmen Sport Centre Field House – Beside Equipment Room

Purpose: The ETFC Coach Orientation will give coaches an opportunity to review the Kinsmen policy & procedures for the upcoming year, discuss topics of concern, ask questions, clean out their club space in the equipment room and bring in equipment for indoor season. Please review the Kinsmen Policy for 2016-2017 located on the ETFC website at www.etfc.ca/documents/.

Agenda:

1. Review of Kinsmen Policy & Procedures

a. Indoor Fees:

- Athletes that join between October 31st to December 31st o \$250.00/Per Athlete
- Athletes that join between January 1st and April 28th o \$150.00/Per Athlete
- Drop in will be \$10/Per athlete

b. Track Use:

- A new policy that has been added is that due to crowding and insurance purposes. Family/friends of athletes are not permitted in the fieldhouse during ETFC bookings.

c. Shared Use Schedule:

4:30 PM – 5:00 PM

- Tyke, Peewee, Bantam & Masters Athletes:
 - Warm up and use of the track is permitted and prioritized.

5:00 PM – 5:30 PM

- Tyke, Peewee, Bantam, and Masters Athletes:
 - Work outs start on the track utilizing lanes **4, 5 & 6**.
- All Other Age Groups:
 - May begin warm ups utilizing the infield or **lanes 2 & 3** of the track

5:30 – 6:00 PM

- Tyke, Peewee, Bantam, and Masters Athletes:
 - Work outs move to the **lanes 2, 3 & 4**.
 - Infield use is open for work outs.
 - Work outs finishing up workouts.
- All Other Age Groups:
 - On track workouts begin.
 - Long distance workouts take place on the **lanes 2, 3 & 4**.
 - Short distance/sprints take place on **lanes 5 & 6**.

6:00 PM – 6:30 PM

- Tyke, Pee wee & Bantam Athletes:
 - Athletes off track at 6:00 PM.
 - May use infield.
- Midget Athletes & Up
 - Priority of track is given.

6:30PM - 7:00 PM

- Tyke, Pee wee & Bantam Athletes:
 - Workouts will be completed. Athletes will be off track & infield.
- Midget Athletes & Up:
 - Priority of **all facility** access is granted.

d. Corner Starts

- Monday – Friday from 6:00 PM – 7:00 PM in Lane 5 only.
- At the 80M Start.
- Pylons must be placed at the top of the corner to alert athletes that the lane is closed before they run into the corner.
- No camping in the corners as it can create crowding.

e. Long Jump Pit

- No Long Jump Pit at the Kinsmen.
- Still have not heard of an update about the LFJ at Foote Field (See AGM Minutes for more info).

2. Conflict Resolution and Complaints:

The ETFC has adopted a conflict resolution process. As a leader in the sport of track and field, athletes watch and learn from our every action. The Edmonton Track and Field Council expects every coach to take the following steps to be a positive role model for track and field athletes in a situation where conflict occurs.

Step #1: Understand Interests

Step #2: Explore the Issues

Step #3: Develop Options

Step #4: Choose a Solution

Step #5: Implement the Solution

Step #6: Evaluate the Outcomes

- The Conflict Resolution Document can be found on the ETFC website.

3. If you have not already registered for your AA membership. Please do so before Dec. This must be done before applying for AADP funding.
4. Questions/Comments (answers in red):
 - Liz McBlain suggested adding throwing into the Kinsmen P&P - This has been added.
 - Blain Clouthier mentioned his group does drills with hurdles in lanes 5&6 on Mon/Wed between 4:30-5:00.
5. Clean out club space & bring in equipment for indoor season.