

Edmonton Track and Field Council – Foote Field Dome Policy Manual

The following volume is a written record of the policies created and voted on by the Edmonton Track and Field Council. These policies outline the desired behaviour and rules that govern our actions while using the Foote Field Dome.

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Document Change History

- December 12, 2016 – Initial Version Created
- September 26, 2017 – Update to include new booking times and how to book a lane.
- September 19, 2018 – Updated to include new booking times.

Facility Behaviour Policy

The following outlines the policies regarding use of the shared space at the Foote Field Dome. These behaviours are required for continued access to the facility.

How to Book a Lane:

1. If your club would like to use the Foote Field Dome, coaches must book their club through the shared calendar at the following link: <https://teamup.com/ks1fba50af4b757318> or by emailing edmontontfc@gmail.com.
2. When adding your club into the shared calendar, please state: **(1) Your name, (2) The number of athletes, (3) Age of Athletes, (4) Lane #.**
3. The deadline for bookings for the following week are on **Fridays**. This is to give coaches proper notice of the accurate number of athletes that will be using the facility.

General Rules

The following are general rules for using the track during an ETFC booking:

- **All coaches are required to check-in** at the front desk of the Foote Field Dome before their club enters the facility.
- Any persons wanting to cross the track at any time must always watch for any oncoming athletes and actively stay out of the way.
- Due to crowding and insurance purposes. Family/friends of athletes are not permitted in the Dome during ETFC bookings.
- All athlete and coaches are required to wait outside of the Dome until ETFC bookings begin.
- No sleds are permitted in the facility.
- Lane 4 will be a designated walking lane.

Booking Times

The track and long jump pit in Foote Field Dome are booked during the following times from December 3, 2018 – April 24, 2019:

- Mon-Thurs: 4:30 PM – 7:00 PM
- Saturdays: 12:00 - 2:30 PM

Date(s) Not Booked

The ETFC will not have Foote Field Dome booked during the booking date(s):

- December 5th, 2018
- December 6th, 2018
- December 24th - January 1st, 2019
- January 5th, 2019
- January 10th, 2019
- January 19th, 2019
- January 28th, 2019

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- February 9, 2019
- February 11th, 2019
- February 12th, 2019
- February 16, 2019
- February 18, 2019
- February 19th, 2019
- February 20th, 2019
- February 26th, 2019
- March 9, 2019
- April 3rd, 2019
- April 4th, 2019

Schedule Adjustments:

- January 12th: Time adjusted to 1:00 PM - 3:30 PM
- February 16th: Time adjusted to 1:00 PM - 3:30 PM
- March 19th: Time adjusted to 1:00 PM - 3:30 PM
- April 13th: Time adjusted to 1:00 PM - 3:30 PM

Dates may be subject to change. The ETF Coordinator will give coaches notice of any changes to the schedule.

Shared Use Schedule

The following outlines a shared use schedule to divide up use of the track and long jump pit by time and age groups.

Shared Use Schedule – Tykes, Peewee, Bantam & Masters

Time	Monday - Thursday
4:30 – 5:00 PM	<ul style="list-style-type: none"> • Warm up and use of the entire track is permitted and prioritized. • Hurdles are permitted in lane 1 during warm-up.
5:00 – 6:00 PM	<ul style="list-style-type: none"> • Workouts take place in lane 3 & 4. • Hurdles and/or sprints are permitted in the first 60M of lane 3. • The last 40M of lanes 3 & 4 are designated for use of the long jump pit.
6:00 PM	<ul style="list-style-type: none"> • Workouts complete.

Time	Saturday
12:00 – 1:00 PM	<ul style="list-style-type: none"> • Use of the track is permitted and prioritized. • Hurdles are permitted in lane 1 during warm-up.
1:00 – 1:30 PM	<ul style="list-style-type: none"> • Workouts take place in lane 3 & 4. • Hurdles and/or sprints are permitted in the first 60M of lane 3. • The last 40M of lanes 3 & 4 are designated for use of the long jump pit.
1:30 PM	<ul style="list-style-type: none"> • Workouts complete.

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Shared Use Schedule – Midget, Youth, Junior & Senior

Time	Monday - Thursday
5:00 – 5:30 PM	<ul style="list-style-type: none"> • Warm up take place in lanes 1 & 2. • Hurdles are permitted in lane 1 during warm-up.
5:30 – 6:00 PM	<ul style="list-style-type: none"> • Workouts take place in lanes 1 & 2.
6:00 – 7:00 PM	<ul style="list-style-type: none"> • Priority of entire track and long jump pit. • Hurdles and/or sprints are permitted in the first 60M of lane 3. • The last 40M of lanes 3 & 4 are designated for use of the long jump pit.
7:00 PM	<ul style="list-style-type: none"> • Workouts complete.

Time	Saturday
1:00 – 1:30 PM	<ul style="list-style-type: none"> • Warm up take place in lanes 1 & 2. • Hurdles are permitted in lane 1 during warm-up.
1:30 – 2:30 PM	<ul style="list-style-type: none"> • Priority of entire track and long jump pit. • Hurdles and/or sprints are permitted in the first 60M of lane 3. • The last 40M of lanes 3 & 4 are designated for use of the long jump pit.
2:30 PM	<ul style="list-style-type: none"> • Workouts complete.

Equipment

- Clubs may not store equipment at the facility at this time.
- Hurdles & starting blocks will be provided by the U of A.
- At no time, may U of A equipment leave the Dome.
- The use of sleds is not permitted in the facility.

Items on track

Items placed on track must be made visible to athletes by placing pylons on/in front of item to alert athletes of item ahead of time.

Hurdle Use

Hurdles are permitted for use on the track under the following restrictions:

- During warm-up, hurdles are permitted in lane 1 only.
- Communication between coaches is essential when using hurdles.

Long Jump Pit

The last 40M of lanes 3 & 4 are designated for the long jump pit during assigned times in the Shared Use Schedule.

Throwing

Throwing is not permitted at anytime in the Dome.

Field

The ETFC does not currently book the field. Therefore, ETFC members are not permitted on the field at anytime during ETFC bookings.