

Edmonton Track and Field Council – Turf Training Centre Policy Manual

The following volume is a written record of the policies created and voted on by the Edmonton Track and Field Council. These policies outline the desired behaviour and rules that govern our actions while using the Turf Training Centre.

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Document Change History

- September 12, 2018 – Initial version created
- September 27, 2019 – Updated to include new booking dates
- October 13, 2021 – Updated dates and policies for 2021-2022
- October 13, 2022 – Updated dates for 2022-2023.
- February 17, 2023 – March 18-March 31st training dates cancelled.
- October 19, 2023 – Updated for 2023-2024 season.

2023/2024 ETFC–Turf Training Centre Policy Manual

Turf Training Centre

Facility Code of Conduct Policy

The following outlines the policies regarding use of the shared space at the indoor throws area at the Turf Training Centre. The following are required for continued access to the facility.

All coaches, athletes and associate club members must act and communicate in a respectful manner to other members, as well as members of the public and facility staff who may be in the area. Infractions are encouraged to be reported to the ETFC Board or Coordinator.

Failure to act in a respectful manner as described above, will result in a 3-Strike Warning, and then the individual will be asked to leave and refrain from using ETFC booked space until further notice.

Incidents can be reported through the Incident Report link on the ETFC webpage here:

<http://www.etfc.ca/incident-report>

General Rules

The following are general rules for using the track during an ETFC booking:

- All coaches are required to book their club in with the shared-use calendar (link below).
- All athletes and coaches using the facility must hold a current membership with Athletics Alberta.
- Coaches must be present during bookings.
- Due to crowding and insurance purposes. Family/friends of athletes are not permitted in the training space during ETFC bookings.
- All athletes and coaches using the facility must be current Athletics Alberta members.
- Clubs must coordinate and communicate with each other in a professional manner when partaking in shared training environments.

Booking Times

The Throws Area of the Turf Training Centre has moved and is now located at 4833 89 St NW. It is booked during the following times from October 31, 2023 – April 11, 2024:

- Tuesday: 5 – 6:30 PM (Weight/Hammer Only)
- Thursday: 5 – 6:30PM (Shot Put Only)
- Saturday: 9-10:30AM (Weight/Hammer Only)

*If time for javelin and discus training are desired, please contact edmontontfc@gmail.com

Date(s) Not Booked

The ETFC will not have the Turf Training Centre booked during the booking date(s):

- Dec. 26, 28 2023 – Christmas Break
- Jan. 20, 2024 – Golden Bear Meet
- Feb. 3, 2024 – Alberta Indoor Games
- Feb. 10, 2024 – Date deleted in the
- Mar. 2, 2024 – Date deleted in the invoice

Dates may be subject to change. The ETFC Coordinator will give coaches notice of any changes to the schedule.

How to Book in Your Group:

1. If your club would like to use the Turf Training Centre, coaches must book their club through the shared calendar at the following link:
<https://teamup.com/ksqv3v57s52z9ypt2a>.
2. When adding your club into the shared calendar, please state: **(1) Your name, (2) The number of athletes, and (3) Age of Athletes.**
3. The deadline for bookings for the following week are on **Fridays**. This is to give coaches proper notice of the accurate number of athletes that will be using the facility.

Equipment

- Throws equipment and med balls are stored in the closet next to the Throws area. There have been some concerns with equipment monitoring, so we would not recommend anything to be left there unless it is secured.
- The use of sleds is not permitted in the facility.

Turf Areas

The ETFC does not currently book the adjacent field at the Turf Training Centre. ETFC members should only be using the Throws areas during ETFC booked time.