

## Edmonton Track and Field Council – Rollie Miles User Policy

The following volume is a written record of the policies created and voted on by the Edmonton Track and Field Council in 2023. These policies outline the desired behaviour and rules that govern our actions while using our shared facilities.

Failure to follow Athletics Alberta guidelines or ETFC Policy below may result in sanctions for the individual or club at the discretion of the ETFC Board.

Updated April 16, 2024

## Track Behaviour Policy

The following outlines the policies regarding use of the shared space at Rollie Miles Athletics Grounds. All users of the facility during ETFC bookings must abide by this policy to have continued access to the facility.

All coaches, athletes and associate club members must act and communicate in a respectful manner to other members, as well as members of the public and facility staff who may be in the area. Infractions are encouraged to be reported via our Incident Report here:

<http://www.etfc.ca/incident-report>

### 3-Strike Policy

Failure to act in a respectful, courteous manner to others or follow this policy during bookings will result in a written warning. After three written warnings the coach and their training group will be suspended from ETFC bookings for 2 weeks. Severe infractions will be dealt with at the discretion of the ETFC Board.

## ETFC & Club Responsibilities

The chart below details the responsibilities of the clubs and the responsibility of the Edmonton Track & Field Council at Rollie Miles:

ETFC Responsibilities	Club Responsibilities
Manage facility bookings with the City of Edmonton	Send the ETFC a list of athletes & coaches that will be at the facility
Allocate and communicate ETFC training days/times	Ensure ETFC's Rollie Miles Policy is being upheld by everyone associated with the club on a daily basis
Check on facility usage and equipment from time to time in person, and check in with clubs and city staff on a regular basis	Ensure any non-participating individuals associated with your club are in the stands or away from the main training areas
Invoice clubs with fees for the season	Take care of invoice payment to ETFC promptly

### Outdoor Club Fees:

- Club Category 1 (2-9) - \$150.00
- Club Category 2 (10-19) - \$300.00
- Club Category 3 (20-29) - \$450.00
- Club Category 4 (30-39) \$600.00
- Club Category 5 (40+) - \$700.00
- Drop in and Unattached users will be considered upon request. Please see ETFC's Admission Policy.

### Booking Times

Rollie Miles is booked during the following times from April 19, 2024 – August 7, 2024.

- Mon-Friday: 4:45 PM – 7:00 PM (4:45pm start until May 31, back to 4:30pm on June 1)
- Saturdays: 9:30 AM – 12:00 PM

### Date Not Booked or Dates with Time Adjustments

Due to other bookings, meets or holidays, the following training dates are affected.

**Red** = No Booking

#### April

- Wednesday, April 24 (No booking available, but track is available)
- Saturday, April 27 (NCCP Coaching Courses)

#### May

- Saturday, May 4 (Columbians' Meet)
- Friday, May 17 (Not Available JR High Zones)
- Monday, May 20 (Holiday)
- Friday, May 24 (St. Albert Challenge)
- Saturday, May 25 (St. Albert Challenge)

#### June

- Fri, May 31 (Leduc Classic on weekend)
- Tuesday, June 4 (Unavailable, Jr. High EPSB Championships)
- Wednesday, June 5 (Unavailable, Jr. High EPSB Championships RO)
- Friday, June 14 (Caltaf)
- Saturday, June 15 (Caltaf)
- Saturday, June 22 (Columbians' Classic)

#### July

- Monday, July 1 (Holiday)
- Saturday, July 6 (Foote Field Open)
- Friday, July 12 (Sherwood Park Classic)
- Saturday, July 13 (Sherwood Park Classic)

#### August

- Monday, August 5 (Holiday)

Dates may be subject to change. The ETFC Coordinator will give coaches notice of any changes to the schedule.

### Facility Usage:

The following are general rules for using the track during an ETFC booking:

- **All participants on the track are required to run in a counter clockwise direction.**
  - **This includes athletes completing a workout and athletes warming up.**

- Any persons wanting to cross the track at any time must always watch for any oncoming athletes and actively stay out of the way.
- For safety purposes family/friends of athletes are not permitted onsite during ETFC bookings.
- All athletes and coaches that are using the facility must be **current** Athletics Alberta members.
- All clubs **MUST** put away all equipment owned by the City of Edmonton by the end of the booking time. Failure to do so will result in a penalty fine to the club guilty of not putting equipment away on time.
- Athletes who are U18 and under are not permitted in the fenced area of Rollie Miles without a coach present.
- If non-ETFC members are utilizing the track during bookings, please notify the City staff member on site.

### Track Use

- **Lanes 1 & 2 are to be utilized for distance training and younger athletes.**
- **Lane 3 is to be utilized as flex lane.**
- **Lanes 4 & 5 are to be utilized for long sprint training.**
- **Lanes 6, 7 & 8 are to be utilized for blocks and hurdles.**
- **Drills are to be done off the track lanes.**

### Hurdle Use

**On Track Hurdles** are permitted for use on the track under the following restrictions:

- Hurdles must be setup in lanes 6, 7 & 8.
- Pylons must be set up to notify athletes that the lanes are in use.

**Infield Hurdles** are permitted for use on the infield under the following restrictions:

- Hurdles cannot be used on the infield for full speed run overs or competition spacing.
- Hurdles on the infield must only be used for hurdles drills involving skips or walks over closely spaced hurdles.

### Starts:

#### **Straightaway starts:**

- May be done from the start line on both the front stretch and back stretch. **On the backstretch please stick to the outside 2 lanes and use pylons to indicate that block starts taking place.**

#### **Corner Starts:**

- Corner starts are permitted in lanes 6, 7 & 8.

- Pylons must be placed at the top of the corner to alert athletes that the lane is closed before they run into the corner.
- Starting blocks must be removed from the track when they are not in use.

### Throwing

- Throwing implements shall be carried, not thrown, to their respective training area.
- Hammer throw is only permitted in the throwing cage
- Shot put is permitted in the throwing cage or shot-put circles
- Javelin is only permitted when the infield is not crowded and all other participants are notified.

### Long Jump Pit

- All users of the long jump pits must rake and cover the pits after use, returning the rake to the garage afterwards.

### Pole Vault & High Jump

- High jump bookings can now be made by clubs through the following TeamUp Calendar: <https://teamup.com/ksjhfs56ibubdvbie6>
- Must not be removed from their shelters unless a City of Edmonton staff is present.
- Athletes are not to sit or rest on the mats if they are not practicing.
- High Jump mats must only be used in the High Jump Apron.
- Please contact [edmontontfc@gmail.com](mailto:edmontontfc@gmail.com) if interested in booking Pole Vault. Team Up Calendar available here: <https://teamup.com/kseuy3icabyj23hokd>

### Miscellaneous:

- No gum or food allowed on the track.
- Place all trash into designated track bins.
- No smoking, vaping or chewing tobacco is allowed in the facility. If you see this taking place during ETFC practices, please notify the City of Edmonton staff onsite.
- No pets allowed within the fenced area with the exception of certified service animals.
- All ETFC members must act in a respectful manner towards other members and non-members.

### Coach Agreement:

By reading this statement, coaches are acknowledging they have read and will abide by this policy.